

UPTON JUNIOR FOOTBALL CLUB

www.uptonjfc.org

@UptonJFC on Twitter



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Dear Upton JFC Members

Re-starting Football Activity

Based on the Club's Covid-19 (CV) risk assessment, the following guidelines and actions have been put in place by the Club to ensure the safe return to football training for all our members:

In line with government guidelines, vulnerable people, anyone showing Covid-19 symptoms, or anyone living with someone who is showing symptoms, must not attend training.

Any player displaying symptoms will be asked to leave the training session.

Parents/Guardians of Junior Players are responsible for:

- Staying at training sessions and being responsible for their own social distancing
- Ensuring that players are registered with the club and that the club guidelines have been accepted on Love Admin.
- Adhering to government social distancing guidelines at all times, and especially when arriving at, and leaving, training sessions.
- Adhering to all instructions from Club volunteers.
- Ensuring that players hands are washed before each training session.
- Where required, bringing hand sanitiser for each child labelled with their child's name.
- Tending to minor first aid injuries for their child.
- Where toilet facilities are available, parents/guardians are responsible for taking their child to the toilet and maintaining hygiene in accordance with government guidelines.
- Explaining the format of training to their children so they know what to expect when they return.
- Bringing a labelled water bottle to training and keeping hold of that bottle.
- Ensuring that their child is ready to return to football training.

Action for all Players & Volunteers

All players must adhere to government guidelines when travelling to and from training sessions.

General Guidelines

Not all facilities will have toilets available so please ensure your child has been to the toilet before they come to training sessions. **The use of 3rd party facilities is not the Club's responsibility and the Club is not liable for any consequences of using such facilities.**



Registered Charity Number 1172690



The Club is responsible for:

- Arranging training sessions to be 45 mins long to allow for one team to leave the field/venue before another starts.
- Where possible implementing a one-way system at training venues, if this is not possible, coaches must appoint a designated person from each team to oversee arrival and departure of players.
- Pitch allocation to ensure space is adequate for team size.
- Providing appropriate PPE for all volunteers for emergency aid purposes.
- Providing all Club members with details of the guidelines and requirements
- The Club has the right to exclude any parent, volunteer or player who does not comply with the required guidelines.
- Coaches should regularly contact junior parents/players to remind them of their obligations not to send players to training if they, or anyone in their household, are displaying any Covid-19 symptoms.
- The Club will regularly contact junior parents and players to remind them of their obligations not to attend training if they, or anyone in their household, are displaying any Covid-19 symptoms.

Coaches are responsible for:

- Ensuring that training groups are appropriately spaced out to adhere to government guidelines
- Ensuring that there are adequate volunteers to lead the groups as per government guidelines
- Ensuring that a designated volunteer is available to oversee arrival at training in accordance with government guidelines.
- Planning training sessions to ensure long warm-ups and low intensity training to avoid injury
- Administering emergency aid if needed.
- Leaving the facility as promptly as possible.
- Putting out and taking in cones and balls etc
- If Bibs are to be used, these must not be shared and should be washed after use.
- Ensuring that goalie gloves are not shared.
- Coaches should regularly contact junior parents/players to remind them of their obligations not to send players to training if they, or anyone in their household, are displaying any Covid-19 symptoms.
- If any player displays symptoms of Covid-19 during the training session, they will be asked to leave the session.
- Communicate the format of training to parents so they can pass this information to the players

Note: goals must not be used until we are advised that this is safe to do so.

For any queries or concerns, please do not hesitate to get in touch with a member of the Exec Committee.

Upton JFC Executive Committee

June 2020