

Upton Junior Football Club



EMERGENCY ACTION PLAN

Name - The Club is registered with the Cheshire County FA as **Upton Junior Football Club (Chester)**.

Status - Registered Charity Number 1172690

I. Match & Training Guidelines

1. Before each match, all coaches must be aware of their role should an accident/incident occur, regarding the following actions:
 - Attend to the injured player.
 - If necessary, call an ambulance and ensure that the entrance to the site is clear.
 - Alert or contact the injured player's parent/guardian/next of kin.
 - Look after the other players and take them away from the scene of the incident.
2. At least one volunteer involved at any match or training session must have a charged mobile phone.
3. The following details must be available for each player:
 - Players' names.
 - Primary contact details.
 - Any relevant medical information.
4. Coaches should ensure that:
 - The entrance to the site is clear in the event of an emergency, and that access can be described to emergency services if necessary.
 - They know the address and post code for the pitch they are playing at (see below).
 - A first aid kit is available and contains all essential equipment.
 - They are aware of any player with a medical condition. Every team should review details of medical conditions at the start of a new season. If any known information is missing, or if players are missing, please contact the Club Welfare Officer (welfareuptonjfc@gmail.com).
 - All player's medical equipment (inhalers etc.) is held by the Coach and is available if needed. Any medication for players should be clearly labelled, administered by the player or parent, and returned to the player or parent at the end of the match.
 - The match day environment is safe and appropriate for football. Goals, nets and pitches should be checked for safety



II. Training and Key Playing Venues and Emergency Procedures

Defibrillators and Address details for the emergency services

In all instances you must dial 999 (or 112 - which give the GPS location to the emergency services) at the same time as locating and using the defibrillator.

Venue	Defibrillator Location and Details	Address & Post Code
Wealstone Lane Pavilion	From the car park, attached to the right side of the building – Phone 999 and quote Code CPAD1329. The code to open the defibrillator box is C159 and is currently written on the box.	CH2 1HB – guide ambulances to the Pavilion where access is via the path by the tennis courts.
Ellesmere Port Sports Village	In the reception area of the main building which is open 6:30am-10pm weekdays and 8am-8pm weekends.	Stanney Lane, Ellesmere Port, CH65 9LB
Blacon High School (1)	Accessed through the main doors - no code required.	Melbourne Road, Chester, CH1 5JH
Blacon High School (2)	Attached to fence between the two dugouts. Code C159X	Melbourne Road, Chester, CH1 5JH
Blacon King George V	Attached to main building. Code for access KGV C159X	Blacon Road, Blacon, Chester, CH1 5BD
The Cheshire	In the Pavilion on the ground floor by the toilets - no code required.	Mannings Lane, Chester, CH2 4EU
Chester Rugby Club	Inside the Mini and Junior Hub in front of the club's main building and by the main pitch; this is always open when pitches are in use.	Hare Lane, Littleton, Chester CH3 7DB
Kings School	1. Sports Hall reception where there is also a phone if needed. 2 – On the side of the F1 changing rooms, by the pitch.	Wrexham Road, Chester, CH4 7QL. Call 07837 337477 if you require access for an emergency vehicle.
Dale Camp Playing Fields	Defib available via guardhouse. Telephone call can be made to guardhouse so that military personnel can quickly obtain defib from gym and bring to pitch. Telephone number will be made available to all Upton JFC teams training or playing at Dale.	Liverpool Road, Chester, CH2 4BD
Hoole Park	On the side of the building by the carpark	Coronation Recreation Ground, Hoole Road, CH2 3PZ (enter via Canadian Avenue/Panton Road)
Abbeygate College	Defib on outside of sports pavilion adjacent to pitches	Saighton Grange, Saughton Lane, Saughton, Chester CH3 6EN
Moss Farm	Defib behind reception in the Cheshire FA building	Moss Lane, Winnington, Northwich, CW8 4BG
Goals	Available at Reception	4 Talbot Way, off Bumpers Lane, Chester, CH1 4LT

1. Nearest Hospital – The Countess of Chester, Liverpool Road, CH2 1UL. Telephone: 01244 365000
2. All teams should have an accident report book, after an accident or incident, return a club accident form to the Club Welfare Officer Team at uptonjcwelfare@gmail.com
3. Please note that all head injuries must be reported, and you must follow the [FA Concussion Guidelines](#)
4. <http://uptonjfc.org/club-welfare/>
5. For urgent injuries call either the Club Secretary or the CWO as soon as the emergency is dealt with.
Secretary Phillippa Britchford 07791 115691
Lead CWO Ricardo Gomez 07920 237247

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