**EMERGENCY ACTION PLANS**

**Name -** The Club is registered with the [Cheshire County FA](http://www.cheshirefa.com/) as **Upton Junior Football Club (Chester)**.

**Status -** Registered Charity Number 1172690

1. **Match & Training Guidelines**
2. Before each match, all coaches must be aware of their role should an incident occur, regarding the following actions:
   * Attend to the injured player.
   * If necessary, call an ambulance and ensure that the entrance to the site is clear.
   * Alert or contact the injured player’s parent/guardian/next of kin.
   * Look after the other players and take them away from the scene of the incident.
3. At least one volunteer involved at any match or training session must have a charged mobile phone.
4. The following written details must be kept securely in the first aid kit:
   * Players’ names.
   * Primary and secondary contact details.
   * Any relevant medical information.
5. Coaches should ensure that:
   * The entrance to the site is clear in the event of an emergency.
   * They know the post code for the pitch they are playing at.
   * A first aid kit is available and contains all essential equipment.
   * They are aware of any player with a medical condition. Every team should receive details of medical conditions at the start of a new season. If any known information is missing, or if players are missing from lists, please contact the Club Welfare Officer ([welfareuptonjfc@gmail.com](mailto:welfareuptonjfc@gmail.com)).
   * All player’s medical equipment (inhalers etc.) is held by the Coach and is available if needed. Any medication for players should be clearly labelled, administered by the player or parent, and returned to the player or parent at the end of the match.
   * The match day environment is safe and appropriate for football.
6. **Training and Key Playing Venues and Emergency Procedures**

**Defibrillators and Address details for the emergency services**

**In all instances you must dial 999 (or 112 - which give the GPS location to the emergency services) at the same time as locating and using the defibrillator.**

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| **Venue** | **Defibrillator Location and Details** | **Address & Post Code** |
| Wealstone Lane Pavilion | From the car park, attached to the right side of the building – Phone 999 and quote **Code** CPAD1329. The code to open the defibrillator box is C159 and is currently written on the box. | CH2 1HB – guide ambulances to the Pavilion where access is via the path by the tennis courts. |
| Ellesmere Port Sports Village | In the reception area of the main building which is open 6:30am-10pm weekdays and 8am-8pm weekends. | Stanney Lane, Ellesmere Port, CH65 9LB |
| Blacon High School (1) | Accessed through the main doors - no code required. | Melbourne Road, Chester, CH1 5JH |
| Blacon High School (2) | Attached to fence between the two dugouts. Code C159X | Melbourne Road, Chester, CH1 5JH |
| Blacon King George | Attached to main building. Code for access KGV C159X | Blacon Road, Blacon, Chester, CH1 5BD |
| The Cheshire | In the Pavilion on the ground floor by the toilets - no code required. | Mannings Lane, Chester, CH2 4EU |
| Chester Rugby Club | Inside the Mini and Junior Hub in front of the club’s main building and by the main pitch; this is always open when pitches are in use. | Hare Lane, Littleton, Chester CH3 7DB |
| Kings School | Sports Hall reception where there is also a phone if needed. | Wrexham Road, Chester, CH4 7QL |
| Dale Camp Playing Fields |  | Liverpool Road, Chester, CH2 4BD |
| Hoole Park |  | Coronation Recreation Ground, Hoole Road, CH2 3PZ (enter via Canadian Avenue/Panton Road) |
| Abbeygate College | Defib on outside of sports pavilion adjacent to pitches | Saighton Grange, Saighton Lane, Saighton, Chester CH3 6EN |
| Christleton King George Playing Fields |  | Little Heath Road, Chester, CH3 7AH |
| Moss Farm | Defib behind reception in the Cheshire FA building | Moss Lane, Winnigton, Northwich, CW8 4BG |
| Goals | Defib is available at Reception | 4 Talbot Way, off Bumpers Lane, Chester, CH1 4LT |

1. Nearest Hospital – The Countess of Chester, Liverpool Road, CH2 1UL. Telephone: 01244 365000
2. All teams should have an accident report book, after an accident or incident, return a club accident form to the Club Welfare Officer at [uptonjfcwelfare@gmail.com](mailto:uptonjfcwelfare@gmail.com) and the Secretary [eleanor.rowlands22@gmail.com](mailto:eleanor.rowlands22@gmail.com).
3. Please note that all head injuries must be reported, and you must follow the FA Concussion Guidelines.

<http://uptonjfc.org/club-welfare/>

1. For urgent injuries call either the Club Secretary or the CWO as soon as the emergency is dealt with.

Secretary Eleanor Rowlands 07793 708122

CWO Ricardo Gomez 07920 237247

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